

## “Staff”

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### Enrique Manrique

Program Director

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### Counselors

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Laura Elisa Rodriguez, MA,  
LPCI, LCDCI  
Agustín Aragón, CI

#### Zapata-Office

Magdalena Amezquita, LCDC

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#### Brownsville-Office

Suzette Arechar, CI

## Serving Children and Adolescents in Need, Inc.

SCAN is governed by a 13-member Board of Directors composed of professional, business, corporate, concerned citizens and youth representatives. The Mission of SCAN is fostering the healthy development of children, youth, families, and communities through the provision of engaging and developmentally appropriate comprehensive services that are rooted in the community.



SCAN, INC.  
(Satellite Offices)

STAND Outpatient Program  
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P.O. Box 2328  
Zapata, Texas 78076-6201  
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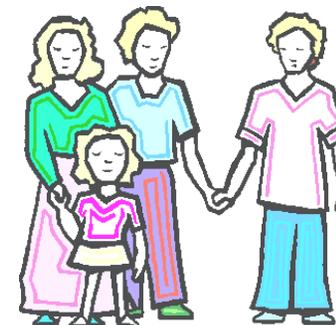
Rio Grande Valley Outpatient Program  
705 West Jefferson  
Brownsville, Texas 78520  
(956) 544-3095

Rio Grande Valley Outpatient Program  
300 E Expressway 83, Suite L  
Pharr, Texas 78577  
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Funded by the  
Texas Department of State Health Services

# S.T.A.N.D.

## Outpatient Program



**UNA FAMILIA UNIDA,  
ES UNA FAMILIA SANA**

SCAN, INC.  
2387 E. Saunders, Suite 2  
Laredo, Texas 78041  
(956) 724-3177  
[www.scan-inc.org](http://www.scan-inc.org)

The **S.T.A.N.D. OUTPATIENT Program** was created in 1993, and its purpose is to help teens struggling with drug and/or alcohol abuse problems embrace recovery. The program provides assessment, treatment and continuing care in an outpatient setting, allowing families to stay intact as they work through the different stages of the program. STAND uses an evidence-based approach called the Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Adolescents, or MET/CBT. This brief treatment approach was designed for adolescents with a substance use disorder. The course of treatment involves the application of two individual MET sessions and three CBT group sessions. The MET individual sessions are designed in part to motivate individuals to work on addressing specific reasons for creating change. This process supports the development of self-control and other developmental tasks that are critical in adolescence (Nowinski, 1990). CBT is designed to help resolve deficits in skills used to cope with precursors to substance use (Sampl & Kadden, 2001).

### **IN ORDER TO QUALIFY FOR SERVICES CLIENTS MUST BE:**

- 13 to 17 years of age
- Residents of Webb, Zapata, or Cameron and Hidalgo County
- Must have a substance use problem that can be diagnosed as substance abuse or substance dependence

## **PROGRAM MISSION**

The Mission of the S.T.A.N.D. Program is to provide quality and effective outpatient substance abuse treatment services that will help youth and families lead enjoyable productive lives as integrated members of our community.

## **PROGRAM PHILOSOPHY**

Substance use disorders are caused by many factors that, together, affect the lives of individuals and their families (e.g. family conflict, unsafe environments, abuse, violence, poverty, mental illness, etc). Additionally, substances can cause tremendous damage in the overall physical, social, emotional and intellectual development of adolescents. Addiction to substances can be progressive, chronic and sometimes fatal if not treated. Treatment can help youth and families stop the progression of addiction and help them continue their path towards healthy development, allowing them to lead enjoyable, productive lives as integrated members of our community. MET/ CBT is a brief intervention approach that focuses on factors to motivate participants and to learn skills to cope with problems without resorting to drug or alcohol use.



**Counseling Services**

- Comprehensive assessment
- Individualized treatment planning
- Individual and family counseling
- Skill building/ support groups for parents and caretakers
- Street outreach
- Home visitation
- Case management
- HIV assessment and education
- HIV related services
- Referral & follow-up

### **Quotes**

*"Four ingredients necessary for youth to develop in a positive way:*

- *A sense of competence*
- *A sense of usefulness*
- *A sense of belonging*
- *A sense of power"*

*— (Family and Youth Services Bureau)*

*"Drugs are not always necessary, but belief in recovery always is."*

*—Angel Cordero Jr.*